## **ABSTRACT**

A light-reflecting polycarbonate resin sheet is characterized in that a light-resistant layer for cutting or absorbing ultraviolet light is provided on at least one side of a polycarbonate resin foam layer. A light-reflecting laminate is obtained by superposing such a light-reflecting polycarbonate resin sheet on a metal plate. The light-reflecting polycarbonate resin sheet has high light resistance while maintaining excellent reflective characteristics.